



Agreement of Participation

Embody Physical Therapy is dedicated to bringing you the best interactive health care solutions possible to help you achieve your optimal health. Prior to receiving services at Embody Physical Therapy for healthcare services you are asked to participate in a joint partnership between you, the client, and Michele Kreisberg Palmer, your healthcare provider. This partnership requires 100% dedication and participation from both sides of the partnership.

Michele Kreisberg Palmer is committed to helping you heal and find resolution in your health concerns. She offers a variety of tools, techniques, and options to guide your healing process. **She will not be “fixing” you;** Therefore, you must read and attest to the following statements carefully before entering into this partnership.

I, _____, take full responsibility for my personal health and understand that as a patient/client at Embody Physical Therapy, I will be asked to participate in a variety of activities that may include lifestyle changes, exercises, movement, and self care practices. Initial _____

I, _____, agree to participate in lifestyle changes, activities and the home program recommended by Michele Kreisberg Palmer that will help me improve my current healthcare condition. Initial _____

I, _____, agree to communicate with and provide feedback to Michele Kreisberg Palmer about my home care program and lifestyle adaptations. If the activities cause more pain, I will take responsibility and discontinue activity until I speak with Michele Kreisberg Palmer. Initial _____

I, _____, understand that if I do not actively participate in my home program, I will be discharged from Michele Kreisberg Palmer’s care and referred to another physical therapy clinic. Initial _____

As your health care provider, Michele Kreisberg Palmer will be completely dedicated to helping you find and access ALL available resources to help you on your path to improved health and wellness.

Michele Kreisberg Palmer, MSPT,
ATMAT, RYT, CMT